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Measurement Scale Fact Sheet

Index of Brother and Sister Relations (IBR and ISR)

The Index of Brother Relations, or IBR, and the Index of Sister Relations, or ISR, scales were designed to measure the degree or magnitude of problems clients have in their relationship with their brother or sister. The IBR scale is completed by a client to indicate problems in a relationship with a brother, while the ISR is used to indicate problems in a relationship with a sister.

Score Interpretation

The scale produces scores that range from 0 to 100. For all practical purposes the scores can be regarded as true ratio scale values. A score of 0 indicates the client has none of the attributes, and a score of 100 represents the highest possible to stress level the scale is capable of measuring.

Cutting Scores

This scale has two clinical cutting scores. The first is a score of 30. Clients who score below 30, assuming accurate and candid responses, can be presumed to be free of a clinically significant problem in this area. Clients who score above 30 can be presumed to have a clinically significant problem in this area.

The second cutting score is 70. Clients who achieve scores this large or larger are nearly always experiencing severe distress. When distress reaches this level, there is a clear possibility that some form of violence could be considered or used as a means of dealing with problems in this area. The therapist or counselor should not assume that violence is in the offing. However, it is a distinct possibility, and it should be investigated by the service provider.

Reliability

This scale consistently achieves an Alpha coefficient of .90 or larger.

Validity

This scale has been investigated with respect to content, construct, factorial, and known groups validity. It nearly always achieves validity coefficients of .60 or greater.

Readability Statistics

Flesch Reading Ease: 84; Gunning's Fog Index: 6; Flesch-Kincaid Grade Level: 4.

References

The following references provide the currently available research evidence concerning the psychometric characteristics for this measure.

Hudson, MacNeil & Dierks, 1995.



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IBR

INDEX OF BROTHER RELATIONS

Name _____

Date _____

This questionnaire is designed to measure the way you feel about your brother. It is not a test, so there are no right or wrong answers. Answer each item as truthfully and as accurately as you can by placing a number beside each one as follows:

SAMPLE

- 1 = None of the time
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Most of the time
- 7 = All of the time

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1. _____ I get along very well with my brother.
 2. _____ My brother acts like he doesn't care about me.
 3. _____
 4. _____
 5. _____ I can really trust my brother.
 6. _____ My brother seems to dislike me.
 7. _____
 8. _____
 9. _____ My brother and I get along well together.
 10. _____ I hate my brother.
 11. _____
 12. _____
 13. _____ I really feel that I am disliked by my brother.
 14. _____
 15. _____
 16. _____
 17. _____ My brother thinks I am important to him.
 18. _____ My brother is a real source of pleasure to me.
 19. _____
 20. _____
 21. _____ My brother regards my ideas and opinions very highly.
 22. _____ My brother is a real "jerk."
 23. _____
 24. _____
 25. _____ I enjoy being with my brother.



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ISR

INDEX OF SISTER RELATIONS

Name _____

Date _____

SAMPLE

This questionnaire is designed to measure the way you get along with your sister. It is not a test, so there are no right or wrong answers. Answer each item carefully and as accurately as you can by placing a number beside each one as follows:

- 1 = None of the time
- 2 = Very rarely
- 3 = A little of the time
- 4 = Some of the time
- 5 = A good part of the time
- 6 = Most of the time
- 7 = All of the time

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1. _____ I get along very well with my sister.
 2. _____ My sister acts like he doesn't care about me.
 3. _____
 4. _____
 5. _____ I can really trust my sister.
 6. _____ My sister seems to dislike me.
 7. _____
 8. _____
 9. _____ My sister and I get along well together.
 10. _____ I hate my sister.
 11. _____
 12. _____
 13. _____ I really feel that I am disliked by my sister.
 14. _____
 15. _____
 16. _____
 17. _____ My sister thinks I am important to him.
 18. _____ My sister is a real source of pleasure to me.
 19. _____
 20. _____
 21. _____ My sister regards my ideas and opinions very highly.
 22. _____ My sister is a real "jerk."
 23. _____
 24. _____
 25. _____ I enjoy being with my sister.